

WELCOME TO



ACADEMY OF DANCE & PERFORMING ARTS

EVEN THE GREATEST WAS
ONCE A BEGINNER

Please find information about us and how to enrol within this pack,
if you have any questions then please contact us on:

01493 718292

enquiries@dpadreams.co.uk

The Studio 1A & 2 Longs Business Estate, Englands Lane,
Gorleston, Norfolk. NR31 6NE



@dpadreams

www.dpadreams.co.uk

ABOUT US

DPA ACADEMY OF DANCE & PERFORMING ARTS IS EAST ANGLIA'S ONLY DEDICATED FULL TIME PERFORMING ARTS ACADEMY, WE OFFER TUITION IN ALL AREAS OF THE ARTS ON A PART-TIME BASIS FOR CHILDREN & YOUNG PEOPLE AGED 18 MONTHS-18 YEARS AND FULL TIME FOR YOUNG PEOPLE AGED 16 YEARS+. DPA WAS ESTABLISHED IN 2010 BY PEOPLE WHO ARE PASSIONATE ABOUT CREATING AN ENJOYABLE TRAINING ENVIRONMENT. DPA IS REGISTERED WITH THE CHARITY COMMISSIONERS AS AN EDUCATIONAL CHARITY NO: 1143579. WHEN YOU ATTEND DPA YOU WILL BE TAUGHT BY A COMMITTED TEAM OF TEACHERS THAT ARE ALL DBS CHECKED AND FIRST AID TRAINED AND THAT AIM TO ENSURE YOU REACH YOUR FULL POTENTIAL. WE ARE AN ACCREDITED CDMT SCHOOL AND WE ARE AFFILIATED TO THE IMPERIAL SOCIETY OF TEACHERS OF DANCING (ISTD), TRINITY COLLEGE AND THE LONDON ACADEMY OF MUSIC AND DRAMA (LAMDA). WE CURRENTLY HAVE A 100% PASS RATE IN ALL EXAMINATIONS TAKEN, WHICH IS A FANTASTIC ACHIEVEMENT FOR THE SCHOOL AND STUDENTS.

As an academy we pride ourselves on a happy relationship between staff and pupils. The ongoing wellbeing of every student is of paramount importance to us. All new pupils will be mentored by another pupil in their early days at DPA. Our aim is to provide education and training, nurture and encourage and ensure that all students are having fun, gaining confidence and making friends.

We aim to develop and broaden your skills and knowledge of Performing Arts in a professional and highly disciplined Theatre School environment. Our semi-vocational students have an elaborate timetable of classes to choose from and also have an opportunity to take part in masterclasses with West End and Top Industry Professionals. These masterclasses are a vital part of your training and underpin DPA's philosophy of sharing industry practice with all our students.

All students have to enrol and pay a £20.00 registration fee and annually they will pay a £5.00 insurance fee. The registration fee includes their DPA T-Shirt which is part of the standard uniform. Additional uniform is available from FLIRTS Dancewear in Great Yarmouth and our online uniform shop.

We host a biannual awards evening where all students are given an opportunity to showcase and also celebrate our DPA family with an audience of family and friends. All students are also given the opportunity to perform to a large audience on a professional stage in our biannual full school production.

Little Stars is our children & young people's agency we look to place children in TV, Film and Theatre Productions. We are always looking to represent a wide selection of bright, enthusiastic and talented children and young adults from all backgrounds from around the area. Our clients will be required to attend regular workshops for TV Technique, Acting & Performance and Photographic and all of our clients will appear in the Spotlight Children & Young Performers directory. This is a casting directory used by production teams to source child artists for TV, film, stage or commercial work. We are a PRE-APPROVED AGENCY and DPA Students can only join SPOTLIGHT through Little Stars.

Simply, we train highly motivated students who have the passion, imagination, integrity and endless staying power to become exceptional Performers. DPA is a way of life!

OUR CLASSES

PARENT & TODDLER - 6 MONTHS+

Our Parent & Toddler classes are fun and engaging classes for you and your child to enjoy. Our grown ups are asked to assist our tiny dancers & musicians throughout the lesson to support them with their movement. All classes are a great way to encourage listening skills, team work, co-ordination, musicality and most importantly a chance for you and your little one to have a great time together creating memories. DPA has a unique approach to teaching little people placing an emphasis on enjoyment and expression.

CLASSES ON OFFER

Teeny Toes Baby Ballet

Tiptoe Music Makers

Tiptoe Movers & Groovers

TEENY TOES BABY BALLETT

For children who can walk well, up to the age of 3yrs. An introduction to Ballet children learn basic steps. After this class they can then progress into our Tiptoe Ballet class. At 'Teeny Toes Baby Ballet' you stay with your child and help them learn their first steps in Ballet!

TIPTOE MUSIC MAKERS

Fun, developmental music classes! Engaging little minds. Come and make new friends and have fun whilst helping your little one develop! Our friendly, industry tutors have a passion for early years education and are experts in music and teaching. Classes are held in a welcoming, inspiring studio and each session includes live instruments, engaging and carefully chosen songs, stimulating musical activities and music-based interaction.

TIPTOE MOVERS AND GROOVERS

Fun developmental gymnastics and dance classes! Engaging little bodies & minds. Our preschool Movers & Groovers classes will help your child channel their boundless energy and reach developmental milestones in a structured environment. For your bedroom ballerina, garden groover and bathroom breakdancer we offer an inspiring class that will encourage and excite all those energetic toe-tappers out there. Classes are held in a welcoming, inspiring studio and each session includes independent parent and child play time and group class activity, skills that build strength and coordination, working on large muscle groups and fine motor skills through activities and lots of fun.

IMAGINE - 2-4 YEARS

Our Pre-school Introductory Classes are fun, lively and creative set in an environment that allows students to explore Performing Arts for the first time! DPA has a unique approach to teaching pre-school aged children, placing an emphasis on enjoyment and expression.

Little ones will be taught basic movement and musicality skills with the use of imagery or 'make believe'. Become a clown, a fairy or a ballerina. We use lots of props such as magic wands, sponges, flowers, ribbons and musical instruments in a safe environment. We aim to develop confidence and develop a good self-image in a positive learning environment for your child.

These classes are for children that are ready to left and they need to be potty trained.

CLASSES ON OFFER

Tiptoe Ballet

Tiptoe Tap

Tiptoe Drama & Music

TIPTOE BALLET

An introduction to Ballet for children aged 2-4yrs, teaches children the basic positions and techniques. Children will be taught how to hold their body correctly, including how to hold their hands and how to point their toes. They will practice simple skills such as skipping, jumping and rhythms to improve coordination, flexibility and confidence whilst having fun. Parents are not permitted to stay for this class.

TIPTOE TAP

Tiptoe Tap is a fantastically fun rhythm-based dance session designed to develop your child's rhythm, balance, coordination and confidence. Percussive dance styles like tap dancing are really engaging for little ones. Boys and girls will love hearing the sounds their tap shoes make on the dance-floor, whilst burning off some energy and learning how to tap in time to the music. Tiptoe Tap is the ideal first tap dancing class for your little Fred or Ginger! DPA has always been recognised for it's high quality tap teaching and for us, that starts even with our youngest dancers. Real steps, real tap, right from the start.

TIPTOE DRAMA & MUSIC

Song, percussion and drama make up this structured class allowing budding superstars to create and express in their own special way. Pre-school tots love to get into character – different themes engage little imaginations as they pretend to be animals in the jungle or sharks in the ocean.

IMPACT, IGNITE & INSPIRE 5 YEARS+

Introducing a part-time Performing Arts School Programme with a difference...

With a consistent and dedicated programme of classes and workshops in acting, singing and dance for students aged 5 to 18 years DPA provides a realistic picture of what it's like to train ready for a career in the Performing Arts Industry as well as having a huge timetable full of classes for students that want to train, have fun and build confidence & skills.

DPA is absolutely committed to quality training and to ensure that every child receives enough attention, class sizes are strictly monitored. It is therefore advisable to enrol your child on the waiting list to be sure of a place.

Discover an environment where young people can truly explore and develop their talents and join one of our classes today.

ACRO

This class combines classical technique with precision acrobatic elements. It is defined by its athletic character and its unique choreography, which seamlessly blends dance and acrobatics. Students learn tricks and movements including back bends, walk overs, chest rolls, chest stands, shoulder stands, hand stands, cartwheels, round offs, splits, fishtails, hand walking and more! As well as learning an amazing skill or developing a natural talent, students will also benefit from these classes by developing an increase in strength, flexibility, confidence and spatial awareness.

BALLET

These classes teach the fundamental techniques and are imperative for those pupils who wish to take up dancing as a career. Classes offered are all grades from Primary-Advanced. Pupils have the opportunity of taking ISTD examinations if the required standard has been attained. Although these are not compulsory, it is a wonderful reward for the months of hard work involved at achieving the standards required. All children entered for exams are expected to attend extra coaching classes in the lead up to their examinations. Ballet will help develop poise, co-ordination, discipline, musicality and expression through the enjoyment of classical dance. Ballet is the foundation for all dance styles.

COMMERCIAL & STREET DANCE

Specialised classes teaching all Urban Dance styles including, Street, Poppin, Lockin, Breaking, Hip Hop, Krumping and Commercial. You will meet wicked, like minded dancers, gain confidence and make some great friends. We cater for everyone so if you are a total beginner or an advanced dancer we have just the right moves for you!

This is a very exciting and enjoyable dance style. Our street dance classes are designed to give fun-filled sessions where students will learn to let go and express themselves to their favourite music. Our expert street dance teacher will help pupils understand rhythm, coordination and will teach the basic as well as more challenging moves and grooves. These will be grouped in energetic street dance routines you can practice and perform with attitude.

CONTEMPORARY & LYRICAL

Contemporary dance classes focus on a range of techniques, developing students' strength, stamina flexibility and coordination. Alongside taught phrases choreographed to develop understanding of contemporary dance, students will learn choreographic skills as well as developing their sense of performance. The classes focus on leg strengthening, core exercises, floor work, contact work and improvisation.

Lyrical dance combines techniques of classical ballet and modern dance with current forms of popular dance. Classes include warm up, isolations, stretches, across the floor progressions, and choreography combinations. These classes are for dancers who like precision and rhythm, physical challenges, and personal style and expression particularly with lyrically expressive songs. Exercises focus on increasing flexibility and strength, rhythms and isolation of body parts, and expressing personal style.

CREATIVE DRAMA

An introduction to acting and drama for younger children. Role-play, storytelling, dressing up, drama games and acting fun. Our Creative Drama classes build confidence and channel high spirits and natural curiosity and sense of humour. With a dressing up and prop box full of possibilities, this class fuels the imagination of our youngest students!

DEMI-POINTE & POINTE STRENGTHENING

Every young aspiring ballerina longs for the moment they can try on their first pointe shoes. Little did they know how much strength is needed to hold themselves up and create the illusion of defying gravity! These lessons are essential training classes preparing the dancers for Pointe work. By this stage in their development they can begin to understand the mechanics of the body and learn exercises to strengthen and stretch the muscles used for ballet - specifically the feet, ankles, legs, turnout and core muscles. Exercise bands are introduced to help with the training exercises, and the teacher helps the dancer understand how to practice in the studio and at home to get the best results.

DRAMA & STAGECRAFT

Drama classes encourage empathy, honesty, develop understanding of human emotions and interactions, help to develop language and communication skills, teach cooperation and tolerance, nurture friendships and are a great way to inspire creativity.

Drama classes help to develop independent, self-confident children free from the inhibitions that limit so many of us.

These classes cover improvisation, script work, voice and diction, expressive physicality, drama games and much more. No two weeks are the same and the emphasis is on fun, interaction and confidence building.

Through improvisation, script analysis and the study of monologue materials, students are introduced to the fundamentals of Stagecraft Acting & performance. Special emphasis is placed on interpretation and translation of the dramatic script as the basis for exploration of characterisation, motivation and transition.

FIT DANCER PROGRAMME

With dance and specifically Ballet being one of the most physically demanding pursuits on this earth, it is therefore very important that dancers begin to take strength and conditioning seriously at a young age with the goal not only being increased performance but also injury prevention and career longevity. These sessions are 30 minutes long and can be taken one to one or shared with up to 3 people of a similar age/ability.

JAZZ CHOREO

A form of theatrical dancing that combines the songs of the musicals with the movement of classic jazz

styles. This high-energy class will be full of exciting choreography. Students are given similar structure to all our classes with an increased expectation of technique, musicality, performance, stagecraft and the importance of working as an ensemble dancer/performer. Heels are needed some weeks for this class.

JAZZ TECH

We have created our very own Technical Jazz Syllabus. As with most things dance is constantly evolving, so to keep our students challenged and current this specially designed class will be implemented throughout the school. There are 3 levels to the training and each level is designed to build on the skills learnt in the previous level. This 1.5 Hour class includes Warm Up, Flexibility Exercises, Core strength Exercises, Dance Vocabulary, Kicks, Leaps, Tricks, Corner work, Turns, Combinations & Performance skills.

LAMDA

These classes are designed to explore and expand students vocabulary, enhancing their reading and confidence skills. They will be taught efficient ways to learn drama texts, which will also help them in the classroom. They will develop their diction and vocal strength and be taught a variety of acting techniques.

The key aim of LAMDA is that every child should have the opportunity to develop the speaking and listening skills needed for future employment and lifelong learning. Lessons are designed to excite children about Performing Arts, nurture their talent and increase their confidence.

In lessons we utilise the framework of the 'London Academy of Music & Dramatic Art' (LAMDA) programme of study, which seeks to improve standards in communication and foster an appreciation of literature and drama.

LITTLE STARS

Get ready for drama, singing and dance, all rolled into one exciting after school session.

Classes include: warm-ups, games, various dance styles linked to street dance, singing and acting.

This 90 minute class is split equally with 30 minutes of street dance, 30 minutes of drama and 30 minutes of singing. Our classes are full of different themes that engage little imaginations as they pretend to be animals in the jungle, stars of a pop band or fairies & elves.

Join us for new adventures, have lots of fun, make new friends and become a mini star.

MODERN

These classes teach the fundamental techniques and are imperative for those pupils who wish to take up dancing as a career. Classes offered are all grades from 1-Advanced. Pupils have the opportunity of taking ISTD examinations if the required standard has been attained. Although these are not compulsory, it is a wonderful reward for the months of hard work involved at achieving the standards required. All children entered for exams are expected to attend extra coaching classes in the lead up to their examinations. Our graded Modern classes follow the ISTD syllabus. Modern will teach rhythmic co-ordination through a structured syllabus and develop the distinct style of Modern Theatre seen in many popular musicals on stage and screen.

ONE TO ONE PRIVATE LESSONS

Weekly one to one lessons can be booked for all students and are open to all ages and all abilities. Students can use these sessions to work towards examinations with LCM, LAMDA, Trinity College or ISTD, work on audition technique for school productions, professional castings, for entry in to full time Performing Arts Colleges, to learn new repertoire or even just for fun.

Singing: Students can take Trinity College examinations or learn for fun!

Acting: Students can take LAMDA/Trinity College examinations or learn for fun!

Dance: Students can take ISTD examinations or learn for fun!

PAGE TO STAGE

This class mainly focuses on Acting but may combine all 3 disciplines of singing, dancing and acting if required for the production. Through improvisation, script analysis and the study of monologue materials, students are introduced to the fundamentals of Stagecraft Acting & performance. Special emphasis is placed on interpretation and translation of the dramatic script as the basis for exploration of characterisation, motivation and transition.

The class will provide students with all the skills to perform in a full-scale production at a local theatre with props, sets and costumes.

POINTE

These classes are perfect for the ballerina who is wanting to take their Ballet technique to the next level. They use the Ballet technique that is taught within their normal classes and push it further to be able to execute the same techniques en pointe. Just like the professional Ballerinas, our students get to experience what it's like to not only dance in pointe shoes, but to gain confidence in their normal Ballet technique as well. These classes are by invitation only.

RHYTHM TAP

This high-octane dance is all about kicking it to some fast beats, feeling the music and having fun! Work your existing tap skills and challenge yourself to learn a new style to seriously impress your friends! Inspired by American Rhythm Tap Dance, this heart-pumping course will make you feel good, improve musicality, rhythm and technical ability. Learn classic routines to understand tap's roots in jazz. Discover tap dance as a percussive instrument as well as a dynamic and expressive dance form.

STRETCH & STRENGTHENING

Stretching has a number of benefits for dancers. Stretching helps keep muscles long and supple, while exercise gives them additional strength. This class will teach how stretching properly before and after a dance class helps to prevent injury, by making the muscles more pliable. In addition, students will work on improving posture, increasing flexibility and range of motion and strengthening the muscles. It will also aim at increasing the core body strength essential for a dancer.

This is a technique only class and students enrolled do not perform in our full school productions.

TAP

These classes teach the fundamental techniques and are imperative for those pupils who wish to take up dancing as a career. Classes offered are all grades from 1-Advanced. Pupils have the opportunity of taking ISTD examinations if the required standard has been attained. Although these are not compulsory, it is a wonderful reward for the months of hard work involved at achieving the standards required. All children entered for exams are expected to attend extra coaching classes in the lead up to their examinations. Our graded Tap classes follow the ISTD syllabus. Lively, rhythmic tapping makes the performer not just a dancer but also a percussive musician.

THE MUSICAL THEATRE LAB

There's no better place to learn and experience Musical Theatre than DPA. It's where performers of every age and skill level can learn from acting, singing and dancing professionals. Performers will improve their skills with this amazing weekly Musical Theatre Masterclass. Working on some of the greatest Musical Theatre songs this class is a must for the young performer looking to make a big leap in their musical theatre skills! DPA have perfected a curriculum which will take all of your skills to the next level.

Learn various dance techniques, working towards a choreographed Musical Theatre combination/routine.

You will learn ensemble singing with Vocal Coach Roxy Yarnold. Students will learn warm-ups, simple songs that are fun and bring instant rewards and also more complex pieces in several parts that offer the opportunity for a challenge.

This exciting class works towards a performance in London's West End.

TRAIN, LIMBER, CONDITION (TLC)

This dynamic class focuses on building core strength, stability in joints, awareness of weaknesses and areas of inflexibility and increasing endurance. This class is designed to equip pre-professional dancers with the tools they need to achieve their goals. This class is a great addition to your training! Enabling our dancers to focus on developing and increasing the flexibility and strength required to execute various dance moves. In addition to flexibility training, core stability, cardio-vascular endurance and muscular strength are all areas that are covered in this class as well.

This class is highly recommended for all dancers!

DPA UNIFORM REQUIREMENTS 2021-2022

**FLIRTS ARE THE CHOSEN SUPPLIER FOR ALL DPA DANCEWEAR.
20 KING STREET - GREAT YARMOUTH**

All branded merchandise is available from:

www.stripteesuk.com

DPA T-shirts are compulsory for all students who participate in any of our shows and are the only t-shirts that are permissible to wear for classes where that item is listed on the uniform list (see studio class wear list). **Girls:** No underwear, boys dance belts. New uniform must be purchased for EXAMS.

Please note that uniform is compulsory in all classes and must be worn by all students within the first 3 weeks of joining DPA

All bows are available from DPA only.

On the 1st week of every new half term we will remind students about uniform if after that they don't have items/are not dressed correctly they will not be allowed to take part in the class.

PARENT & TODDLER CLASSES

These classes have no set uniform, just comfortable clothing is required. DPA T-Shirts can be purchased.

IMAGINE UNIFORM FOR ALL DANCE CLASSES

Tiptoe Tap, Tiptoe Music & Drama: Grey DPA leotard with skirt attached, pink ballet wrap and pink ballet socks. Hair must be in a neat high bun, 3-inch pink hair Bow. **Boys:** DPA Black unitard black t shirt and shorts or black catsuit. Hair must be neat and tidy. **Boys** Black socks. Hair must be neat and tidy.

Footwear: Ballet: Pink Ballet Shoes. Boys Black Ballet Shoes **Tap:** Black low heel tap shoes **Drama, Singing:** Nude jazz shoes or clean Indoor Trainers

IMPACT UNIFORM FOR ALL DANCE CLASSES (EXCEPT BALLET)

Girls: Royal Blue cross backed DPA crop top & black high waisted DPA cropped shorts. Other options Royal blue and black unitard, Royal blue vest top, DPA black full-length leggings. Hair must be in a neat high bun, 5-inch Royal Blue Hair Bow. **Boys:** Black unitard or catsuit, black socks. Hair must be neat and tidy.

Acro, Limbering, Jazz Tech, Modern, Stretch: Bare Feet or Nude jazz shoes. **Contemporary:** Bare Feet, Nude Jazz Shoes, Grip Socks, Foot Thongs. **TLC, Fitness, Singing, Musical Theatre, Drama:** Clean Indoor Trainers

Pre-Primary Ballet, Tap & Modern Studio Wear: Girls: Grey DPA leotard with skirt, pink ballet wrap, pink ballet socks and pink leather ballet shoes. Hair must be in a neat high bun, 3-inch Baby Pink Hair Bow.

Boys Studio: Black unitard or catsuit, black leather ballet shoes and black socks. Hair must be neat and tidy.

Primary Studio & Exam Wear: Girls: Grey DPA leotard with skirt, pink ballet wrap, pink ballet socks and pink leather ballet shoes. Hair must be in a neat high bun, 3-inch Baby Pink Hair Bow.

Boys Studio: Black unitard or catsuit, black socks. Hair must be neat and tidy. **Boys Exam:** White leotard, black shorts, black socks and black leather ballet shoes.

Exam shoes: Pink satin ballet shoes (calamined) with narrow ribbons, pink ballet tights. No wrap cardigans or bows for exams.

Grade 1 & 2 Ballet Studio & Exam Wear: Girls: Grey DPA capped sleeve leotard, pink ballet wrap, pink ballet tights and pink leather ballet shoes. Hair must be in a neat high bun, 3-inch Baby Pink Hair Bow.

Boys Studio: Black unitard or catsuit, black ballet shoes, black socks. Hair must be neat and tidy.

Boys Exam: White leotard, black shorts, black socks and black leather ballet shoes.

Grade 1 & 2 Tap Exam Wear: Girls: Black sleeveless cotton leotard with coloured velour panelling (please see Kalli for your colour), black DPA shorts, black socks, black eyeletted Timestep low heel tap shoes (polished). Hair will be advised for each exam session. **Boys:** Black sleeveless vest and black dance leggings, black socks, dance belt, black eyeletted Timestep low heel tap shoes (polished). Hair neat and tidy.

Grade 1 Modern Exam Wear: Girls & Boys: Royal Blue & black unitard. Bare Feet. Hair will be advised for each exam session.

Grade 2 Modern Exam Wear: Girls & Boys: Aqua Blue & black unitard. Bare Feet. Hair will be advised for each exam session.

IGNITE UNIFORM FOR ALL DANCE CLASSES (EXCEPT BALLET)

Girls: Aqua cross backed DPA crop top and black high waisted DPA cropped shorts or leggings. Other options Black & aqua unitard or catsuit. Hair must be in a neat high bun, 5-inch Aqua Hair Bow.

Acro, Limbering, Jazz Tech, Modern, Stretch: Bare Feet or Nude jazz shoes. **Contemporary:** Bare Feet, Nude Jazz Shoes, Grip Socks, Foot Thongs. **TLC, Fitness, Singing, Musical Theatre, Drama:** Clean Indoor Trainers.

Boys: Black unitard, black socks and nude jazz shoes.

Grade 3 Ballet Studio & Exam Wear: Girls: Grey DPA capped sleeve leotard, pink ballet wrap, pink ballet tights and pink leather ballet shoes. Hair must be in a neat high bun, 3-inch Baby Pink Hair Bow.

Boys Studio: Black unitard or catsuit, black ballet shoes, black socks, dancebelt. Hair must be neat and tidy.

Boys Exam: White leotard, black stirrup leggings, black socks, dancebelt and black leather ballet shoes.

Grade 3 Tap Exam Wear: Girls: Black sleeveless cotton leotard with coloured velour panelling (please see Kalli for your colour), black shorts, black Oxford tap shoes (Leather or Resin), black invisible socks. Hair will be advised for each exam session. **Boys:** Black fitted t-shirt and black jazz pants, black socks, dance belt, black Oxford tap shoes (Leather or Resin), Hair neat and tidy.

Grade 4 Ballet Studio Wear: Girls: Grey camisole leotard, pink canvas ballet shoes, pink ballet tights, Hair must be in a neat high bun, 3-inch white hair bow. **Boys:** Black unitard, black socks and black canvas ballet shoes.

Grade 4 Ballet Exam Wear: Girls: Grey camisole leotard, pink waistband, pink satin ballet shoes (calamined) with wide ribbons, pink ballet tights. Hair will be advised for each exam session. **Boys:** White leotard, black stirrup dance leggings, black socks and black leather ballet shoes.

Grade 4 Tap Exam Wear: Girls: Coloured leotard of your teacher's choice, black full dance tights, black leggings (all to be arranged and agreed with Kalli) black Oxford tap shoes (Leather).

INSPIRE UNIFORM FOR ALL DANCE CLASSES (EXCEPT BALLET)

Girls: Grey cross backed DPA crop top & black high waisted DPA cropped shorts or DPA black full-length leggings. Hair must be in a neat low bun, 5-inch Grey Hair Bow. **Boys:** DPA black & grey unitard, black unitard, black fitted shorts, black tight t-shirt, black stirrup leggings, dance Belt. Hair must be neat and tidy.

Footwear: Tap: Black full sole Oxford tap shoes (Leather)

Acro, Limbering, Jazz Tech, Modern, Stretch: Bare Feet or Nude jazz shoes. **Contemporary:** Bare Feet, Nude Jazz Shoes, Grip Socks, Foot Thongs. **TLC, Fitness, Singing, Musical Theatre, Drama:** Clean Indoor Trainers.

Grade 5 & 6 Ballet Studio & Exam Wear: Girls: Grey camisole lined DPA leotard, black wrap cardigan, pink ballet tights, pink canvas ballet shoes. Hair must be in a neat high bun, 3-inch Black Hair Bow.

Boys Studio: Black unitard or black vest and black stirrup leggings, black ballet shoes, black socks, dancebelt. Hair must be neat and tidy.

5 Exam Wear: Pink satin ballet shoes (calamined) with thick ribbons. **Grade 6 Exam Wear:** Pink satin split sole ballet shoes (calamined) with thick ribbons. **Boys Studio Wear:** Black unitard or catsuit, Black socks & black canvas split sole ballet shoes. **Exam Wear:** White Vest leotard, Black stirrup dance leggings, White socks and white canvas ballet shoes. Hair will be advised for each exam session.

Intermediate Ballet Studio & Exam Wear: Girls: Black leotard as discussed with teacher, black waistband, pink tights, pink canvas ballet shoes. Hair will be advised for each exam session. **Boys Studio Wear:** Black unitard or catsuit, Black socks & black canvas ballet Shoes, **Exam Wear:** White leotard, black stirrup dance leggings, White Socks and white canvas ballet shoes.

Grade 5 Tap Exam Wear: Girls: Coloured leotard of your teacher's choice, black full dancetights, black leggings (all to be arranged and agreed with Kalli) black Oxford tap shoes (Leather).

Grade 6, Intermediate & Advanced Tap Exam Wear: Girls: Black leotard of your teacher's choice, black shorts, black full dance tights, black leggings (all to be arranged and agreed with Kalli) black Oxford tap shoes (Leather). Hair will be advised for each exam session. **Boys:** Black fitted t-shirt, with black jazz pants, dance belt, black socks, black Oxford tap shoes (Leather) Hair neat and tidy.

Modern Grade 5 & 6 Exam Wear: Girls & Boys: Grey & Black Unitard. Bare feet. **Boys:** Dance belt. Hair will be advised for each exam session.

Modern Intermediate & Advanced Exam Wear: Girls: Leotard and tights as agreed with Kalli. Bare feet. **Boys:** Black unitard, dance belt. Bare feet. Hair will be advised for each exam session.

Freework Ballet, Pilates, PBT, Demi Pointe & Pointe: Girls: Grey DPA Leotard, pink transition ballet tights and pink leather or pink canvas ballet shoes. Tutor will advise when ready for Pointe Shoes, Hair must be tied back neatly in a bun with black 3-inch bow. Legwarmers/Wrap Cardigan's optional (must be black). **Boys:** Black unitard or catsuit, black socks and black leather or canvas ballet shoes.

Acting, Little Stars, Drama & Singing: DPA T-Shirts any black joggers or leggings, indoor trainers. Hair tied back, neat & tidy.

Private Singing & Acting Lessons: Any DPA clothing of your choice. Hair **Girls:** Tied up and neat.

The Musical Theatre Lab: DPA or THE LAB t-shirt, DPA Black shorts, black joggers or DPA Black leggings, clean indoor style trainers. Hair tied back, neat & tidy.

Page to Stage Acting: DPA t-shirts, any black joggers or leggings, and indoor style trainers. Hair tied back, neat & tidy.

Street Dance & Commercial: Any Dancewear (be unique). Dance Trainers/Indoor Trainers. DPA uniform not required for this class. Hair tied back, neat & tidy.

Contemporary, Lyrical, Jazz Choreo: Any Dancewear (be unique and ensure suitable for the class). No SPORTSWEAR. DPA uniform not required for these classes. Hair tied back, neat & tidy.

Private Dance Lessons & Fit Dancer Programme: Any dancewear of your choice. Clean indoor trainers. Hair **Girls:** Tied up and neat. Hair **Boys:** Neat and tidy.

The Ballet Academy: Girls: Grey Ballet Academy Leotard, Baby Pink Waistband, Pink cardigan, Pink & Grey Bow, Pink Tights, Pink Canvas Ballet Shoes. Lower school hair **Girls:** Criss-Cross Braids. Upper school hair **Girls:** Low Bun. **Boys:** Black Unitard, black socks and black ballet shoes. Hair neat and tidy.

When coming to classes all students are to be dressed appropriately either in DPA uniform or other dancewear depending on class requirements not forgetting clean footwear. The main reason for this is safety but also appearance is an important part of being a performer.

Remember no jewellery and hair must be tied back in every class in either:

**A NEAT Bun (this applies to all dance & acro classes unless stated)
French Plait(s) Ponytail**

BLACK FITTED WARM UP DANCEWEAR is permitted over all uniform in all classes (except Primary - Grade 3) Ballet.

Sportswear is not permitted as part of the uniform.

Please ensure all uniform is named.

Mobile phones must be on SILENT and NOT taken into the studios.

Food is not allowed to be taken into the studios (only water bottles allowed)

Changing Rooms/Waiting Areas/Student Hub are all to be left clean and tidy at all times.

“THE BEST PROJECT YOU WILL EVER WORK ON IS YOU”

#training #technique #talent #teamdpa

PAYMENT, PRICING & INVOICING

We invoice for payment of classes half termly (6 TIMES A YEAR) via email the first week of term (one term usually runs for 6/7 weeks) and we ask that payment is made within 7 days of the date on the invoice to ensure your child retains their place in the class. If you have any problems with this please contact us immediately to make alternative arrangements. Please be assured that any issues will be dealt with in the strictest confidence.

We offer a free trial week where new students can trial as many different classes as they would like to. We ask you to complete our registration form in preparation for the trial week. After this week once classes have been selected you will be asked to pay the one off £12.75 registration fee and annual insurance premium of £5 and then the balance of the half termly fee's - this will all be invoiced. All details regarding invoices are available from the office.

We offer a very competitive pricing system for our classes including an unlimited class pass and sibling discount. Class prices for 2021/2022 are as follows:

Weekly Individual Classes	Cost per class
30 Minute Classes	£3.50
45 Minute Classes	£4.00
60 Minute Classes	£4.50
Grade 6, Intermediate & Advanced Classes	£5.50
75 Minute Classes	£5.25
90 Minute Classes	£6.00
Acro 60 Minutes	£5.50
Private Lessons (30 Minutes) including Fit Dancer Programme	£13.00

Take advantage of our weekly class discounts by taking multiple classes.

**Please note we offer a 10% discount for siblings.
Group Class discounts: 5 classes a week+ 15%
(Discount is applied to class 6 and over)**

NB Grade 6, Intermediate, Advanced, One to One Classes are not included in any class discounts.

GoCardless direct debit is our preferred payment method. By arrangement fee's can be paid online, by direct Bank Credit, Card, Cheque or Cash. Additional classes, rehearsals, show costumes will be invoiced separately. Please ensure your invoice number is used for reference when paying. If you do not pay your invoice within 14 days, then a late payment charge of 5% of the invoice total (minimum £5) will be added to your bill. If after 21 days no payment is received, attendance will be stopped and children will have to reregister to regain their place and pay 2 half terms in advance unless prior arrangements have been made.

DPA Academy of Dance & Performing Arts reserves the right to hold onto any certificates or awards and withdraw students from examinations or showcases until outstanding fees are paid.

If you miss a class due to holiday or sickness you can make up lost classes by attending another class within the same half term. Classes cannot be carried forward into the next half term and no refunds are offered for unattended classes. **A DPA terms notice must be given to cancel your child's place (4 weeks minimum). Make sure the registration form is the newest one please.**

Account Name:	DPA Academy of Dance & Performing Arts
Sort Code:	40-22-34
Account Number:	21473190

FREQUENTLY ASKED QUESTIONS:

1. Do we have to wait for a new term to join? We open our books for the first 2 weeks of each half term but can work round that if you have other commitments.
2. How can we join? Just contact us to book a taster class or book online
3. Do you offer a free trial? Yes everyone is permitted to a week of unlimited classes to trial
4. Do I have to book classes? No, just register by emailing or calling us and then turn up.
5. What should they/I wear? Anything comfortable with bare feet, clean indoor trainers for drama, singing, street and for tap we have spare shoes in various sizes.
6. Can I stay with my child? No not after the first week. In our experience, children relax better and enjoy the lessons more without a parent or carer present. We ask after the initial trial week that parents carers wait outside the studio.
7. Do they have to have the uniform? Initially no, we usually ask you to purchase the uniform once they have settled in, approximately 4 weeks after their taster week.
8. Where do I get the uniform from? Flirts, King Street, Great Yarmouth are our uniform supplier
9. How much do the lessons cost? Please see pricing and payment.
10. Do the children have to take exams? No, however we encourage them to do so as it is a fantastic experience and great for building confidence and rewarding their hard work.
11. Do you run classes in the holidays? No, we close for the holidays in line with the Norfolk/Suffolk schools calendar. However we do run some intensive holiday workshops and some special one day workshops separate to our normal timetable.
12. Can I attend DPA and another Performing Arts/Dance School? No. You cannot attend another school at the same time as attending DPA. This rule is in accordance with the Council for Dance Education and Training code of ethics for dance teachers, a code which we (and all reputable dance schools) should fully adhere to. So if we offer the class then you cannot attend another Dance/Drama School to take the class.

If you have any questions regarding anything please speak to a member of staff immediately who will endeavour to answer your query. We hope that your child has a lovely time learning with us and welcome you all to DPA Academy of Dance & Performing Arts and our DPA family.

“EVEN THE GREATEST WAS ONCE A BEGINNER”

#training #technique #talent #teamdpa

CHILD PROTECTION POLICY

DPA Academy of Dance & Performing Arts believes that it is always unacceptable for a child or young person to experience abuse of any kind and recognises its responsibility to safeguard the welfare of all children and young people, by a commitment to practice which protects them.

We recognise that:

The welfare of the child/young person is paramount

All children, regardless of age, disability, gender, racial heritage, religious belief, sexual orientation or identity, have the right to equal protection from all types of harm or abuse

Working in partnership with children, young people, their parents, carers and their agencies is essential in promoting young people's welfare.

The purpose of the policy:

To provide protection for the children and young people who receive DPA Academy of Dance & Performing Arts services, including the children of adult members or users.

To provide staff and volunteers with guidance on procedures they should adopt in the event that they suspect a child or young person may be experiencing, or be at risk of harm.

This policy applies to all staff, including senior managers, paid staff, volunteers and freelance workers, agency staff, students or anyone working on behalf of DPA Academy of Dance & Performing Arts.

We will seek to safeguard children and young people by:

Valuing them, listening to and respecting them

Adopting child protection guidelines through procedures and a code of conduct for staff and volunteers

Recruiting staff and volunteers safely, ensuring all necessary checks are made

Sharing information about child protection and good practice with children, parents, staff and volunteers

Sharing information about concerns with agencies who need to know, and involving parents and children appropriately

Providing effective management for staff and volunteers through supervision, support and training. We are also committed to reviewing our policy and good practice annually.

DPA undertakes appropriate checks through the Criminal Records Bureau (DBS) and obtains references on all those connected with the tutoring and administration of DPA students.

Any concerns can be raised via the DPA designated Child Protection Lead Karen who has a procedure for their employees and voluntary staff. All other concerns can be raised direct with Ofsted by telephone on: 0300 123 3155.

This policy is approved and endorsed by DPA.

Every representative of DPA must subscribe to this policy at all times.



Date of TASTER:

TASTER Classes:

REGISTRATION FORM

NEW STUDENT NAME.....

ADDRESS.....POSTCODE.....

DATE OF BIRTH.....AGE.....T SHIRT SIZE.....

SCHOOL.....

PARENT/CARER Name - Under 18's only.....

ADDRESS.....POSTCODE.....

TELEPHONE.....MOBILE.....

EMAIL.....

(Address must be provided as all updates are sent via email.)

SECONDARY CONTACT NAME.....

MOBILE.....

EMERGENCY CONTACT NAME.....

EMERGENCY CONTACT TELEPHONE...../.....

ALLERGIES.....SEN.....

I agree to my child being photographed and recorded in productions, workshops and rehearsals for prosperity, marketing or advertising purposes: **YES/NO**

I agree to pay my child's/children's term fees termly in advance, I understand there are 6 terms per academic year and that I will receive an invoice from DPA Accounts. I understand I am paying for a place in a class and that payment is due for each week of term time with no deduction for holidays or sickness.

I agree to pay termly for my child's dance lessons. I am aware that late payments will incur a 5% (minimum £5) late fee to be added.

PLEASE TURN OVER →

I understand that there are 6 terms per academic year and I will be invoiced for each term at the start of that term.

Failure to comply with the payment terms that you are signing for without valid reason may lead to a request that your child may be withdrawn from DPA, in which case all outstanding fees will remain payable.

I have been made aware of the Child Protection Policy.

I agree to DPA Academy of Dance & Performing Arts contacting me via my home address, telephone and email.

I agree that the information provided is correct and may be entered onto a secure database owned by DPA Academy of Dance & Performing Arts and will not be shared with anyone else.

NB: For cancellation of classes including private lessons a **TERMS** notice be given in writing. Without this full payment will be due.

Payable at the time of registration and included in first invoice: I understand that there is a £20.00 Administration Fee due. This payment is made once. Annually you be required to pay a £7.50 insurance premium. This payment is made once and includes a DPA T-Shirt and your welcome pack.

I understand that I will be invoiced for term fees, exams, workshops, costumes, show fees.

Upon registration an online account will be created and you can access this through the DPA Customer Portal. Please contact us if you cannot access it on 01493 718292 or enquiries@dpadreams.co.uk

I agree that I have read and completed all the relevant information asked for in this form. Additionally, I have read, understood and accept the terms and conditions of the DPA Academy of Dance & Performing Arts Parent & Student Handbook and the policies linked to it.

Signature Parent/Guardian.....**DATE**.....

I can confirm I have read the DPA Terms & Conditions & DPA Privacy Policy: **YES/NO**

FOR OFFICE USE ONLY	
Added to system:	Student ID Code:
Referral Code:	T-Shirt:
Welcome Pack:	Invoice Sent:

DPA

The Studio 1A & 2 Longs Business Estate,
England's Lane, Gorleston.
Norfolk NR31 6NE

01493 718292
enquiries@dpadreams.co.uk
www.dpadreams.co.uk